**Who Am I? Self-reflection**

In life, we are often so busy with everyday tasks that we forget to take stock of who we are, what we are good at, and what is important to us. Use the boxes below to reflect on what makes you, you.

**List 5 things you are good at:**

| 1.

 1.
2.
3.
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**Think of something you feel has gone wrong this year. What did you learn from it?**

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**What are you passionate about?**

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**How can you do more of these things you are passionate about?**

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**What do you love most about yourself?**

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**Quotes/pictures/people that inspire you:**

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